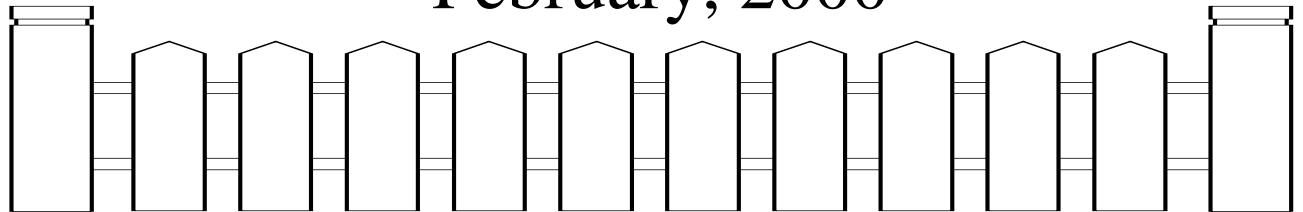


Fence Talk

University Heights Association, Inc.
February, 2000



U HEIGHTS BOARD MEETING

The Annual Meeting is scheduled for April 25th. At that meeting we will be electing several new board members. If you are interested in getting involved in the neighborhood activities and getting to know more of your neighbors, please consider becoming a board member. It's a great way to have fun and help your community. For more information, contact Liz Lewis (863-2102) or Angela Fedderson-Heinze (721-2032).

MANY THANKS to Suzanne Loui, Theresa Biggs and all of the other board members who worked very hard to get out the new neighborhood directory!!

The next Board meeting will be held on Tuesday, February 8th at the home of Joe Wilson , 733 Harvard.



If you have a street light out near your house please get the number off the light pole and call Ameren UE to report it. Their number is 342-1000. The more calls they get, the more likely they are to get it fixed!



Winter is finally here! When it snows, please try to park off the street to make it easier for the snow plows to clear the streets. When driving on snow packed or icy streets the vehicle driving uphill has the right of way. It is each homeowner's responsibility to clear the sidewalks in front of his/her home. As always, drive slowly in the neighborhood and watch out for children playing.



TRUSTEES REPORT

The trustees have hired a contractor to clean the streets as soon as the snow melt will allow.

John Jennings was appointed as a new trustee during December, replacing Kathy Sorkin. Thanks to Kathy for her term of service, and good luck to John!

We are also sorry to report that Paula O'Keefe will be moving out of the neighborhood (to L.A.), so the trustees are in the process of appointing a replacement for her. Many thanks, Paula for all of your work for the neighborhood as a Board member, trustee, previous editor of FenceTalk, and the best of luck to you in your new home.



**Spotlight on Health...By Dr. John Thomas
On Chiropractic**

Chiropractic is the science and art of examination, diagnosis and treatment of articulations and structures of the human body. World wide, approximately 45,000 chiropractors provide drugless relief for a multitude of patient complaints. Patients routinely seek chiropractors for relief of stress, joint pain, headache, and back pain.

Chiropractic is a complete health care system. Chiropractors receive five years of post graduate medical education. Extensive training in the clinical sciences and nutrition make the chiropractor a well-rounded physician. In the United States, all chiropractors are state licensed doctors. In Missouri, chiropractors must pass all parts of national board exams to be licensed.

Most chiropractors are general practitioners, as I am. We get to treat a good variety of patient ills. For the chiropractic physician who wants to specialize, there are diplomate programs in Pediatrics, Orthopedics, Neurology and Radiology offered by various chiropractic colleges. These diplomate programs prepare the doctor for the board examinations of each specialty. Chiropractic is a growing profession. As the nation moves toward alternative health care, Chiropractic is uniquely positioned to provide that care, as it has for more than 100 years.



The University City Police Department is aware of the increase in graffiti that has been appearing in our neighborhood and in other areas of University City. They have several leads, but are looking for help in apprehending those responsible. If you see any suspicious people or activities, please call 911!



FENCETALK

Do you have an interesting anecdote about your neighbor? Is there a school activity coming up that your neighbors may be interested in? Do you want to speak your mind about the traffic in the neighborhood? FENCETALK is looking for your input. All tasteful articles are welcome, short or long, humorous or serious. Be a part of the longest running neighborhood publication in U City. Write down your thoughts and deliver them to Janet Schaper at 6974 Dartmouth. If you have questions, call her at 726-5352.

YOUR INPUT IS WELCOME!